

## “To Woman, From Man” by Dr. Frederick D. Harper Receives the Literary Titan Book Award

Dr. Frederick D. Harper’s heartfelt poetry and prose collection, *To Woman, From Man*, has been honored with the Literary Titan Book Award, recognizing the book’s moving tribute to women across history, family, faith, love, leadership, healing, and everyday life.

*To Woman, From Man* is a compilation of Harper’s poems and prose written for and about women. The collection honors both famous and non-famous women, while recognizing the suffering, discredit, and lack of acknowledgment women have endured over centuries. With sincerity and moral purpose, Harper pays tribute to women whose lives, courage, and influence have shaped families, communities, social progress, and his own personal growth.

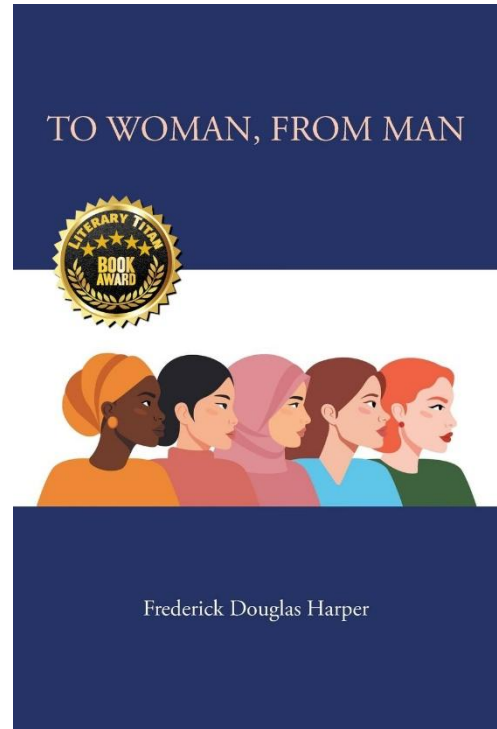
The book also expresses Harper’s deep gratitude for the women who positively influenced his journey, including his mother, school teachers, a college instructor, a Sunday school teacher, friends, and two former wives who remain dear friends and loved ones. Dedicated to his mother, whom Harper describes as the most significant woman in his life, the book stands as what the author calls “a labor of love.”

Literary Titan praised *To Woman, From Man* as “a heartfelt, old-fashioned, deeply intentional act of praise, witness, and encouragement,” noting Harper’s direct, accessible, and uplifting voice. The review highlights the book’s broad scope, from therapeutic poems on grief, fear, loneliness, anger, and healing to tributes honoring women such as Helen Keller, Harriet Tubman, Ruth Bader Ginsburg, Serena Williams, Marie Curie, Tina Turner, and Misty Copeland.

In his author interview, Harper explained that the collection was inspired in part by Women’s History Month and by his desire to honor women, acknowledge their historical struggles, and encourage them to rise above the challenges of today’s world. His professional background in counseling, psychotherapy, psychology, and sociology deeply informs the book’s compassionate tone and its emphasis on strength, perseverance, dignity, and self-worth.

Through poems and prose centered on motherhood, friendship, love, leadership, spiritual life, loss, and recovery, *To Woman, From Man* offers readers an inspirational and reflective reading experience. The final section includes quotations selected for their inspirational, educational, therapeutic, spiritual, and enlightening value for women.

*To Woman, From Man* by Dr. Frederick D. Harper is available now on [Kindle](#) and in paperback and hardcover on [Amazon](#).



### **About the Author**

**Dr. Frederick D. Harper** is a retired professor from Howard University and the author of 37 books exploring universal themes such as romance, peace, love, social justice, human destiny, climate change, fear, sensuality, race relations, human extinction, spirituality, education, and therapy. He has an academic background in counseling and psychotherapy, psychology, and sociology.

In addition to his creative writings, Dr. Harper has authored scholarly publications and served as editor-in-chief of three international scholarly journals. His body of work includes a 723-page novel, *The Durabone Prophecies*, a satire, 24 books of poetry with prose comprising more than 1,700 poems, and *The Stories*, a book of stories from his lifetime. He has lectured throughout the United States and internationally, including in Argentina, France, the Netherlands, India, Canada, the U.S. Virgin Islands, Ireland, Sweden, and Greece. He is the proud father of two sons and grandfather of four grandchildren.

Visit [Dr. Frederick D. Harper's YouTube channel](#) and official website, [frederickharper.com](http://frederickharper.com), to learn more about his award-winning books, poetry, prose, interviews, reflections, and lifelong body of work. Explore his inspiring literary contributions, discover additional writings, and connect with the themes of love, healing, justice, spirituality, and human purpose that define his work.

### **Contact Information**

Name: Frederick D. Harper

Email: [fharp524@gmail.com](mailto:fharp524@gmail.com)

Country: United States

Website: <https://www.frederickharper.com/>

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